

GETTING AROUND





ACTIVITIES

MAKE YOUR OWN NATURE CANVAS PRINT!

Bring the outside, inside with this fun DIY canvas print project the whole family can enjoy.

WHAT YOU WILL NEED:

- Two blank canvas' (you can pick these up from Hot Dollar in Morisset for around \$8 each)
- One can of spray paint (any of the local hardware stores will stock these. If you're under 16 then you might have to ask mum or dad to pick it up for you)
- Two of your favourite leaves or branches. Make sure you pick them up off the ground and not from a tree
- Some old newspaper to cover your workspace

METHOD

- Lay out the old newspaper on the grass in the backyard. Create a space about four times the size of your canvas.
- Place your canvas in the middle of the newspaper
- Place your leaves or branches on top of your canvas (hold down with some blue tack if its windy)
- Spray your paint in a slow left to right motion and cover the entire canvas in a light spray.
- Let dry for ½ hour and remove your leaves and branches to reveal their silhouettes.

Tip: If you desire more texture, add some more branches and change colours for more of a layered effect.

Now you can hang your work of art in your bedroom and be surrounded by nature even when you're sleeping.

MAKE A BUG-A-BOO!



If you want to get up close and discover the finer details of insects then this bug-a-boo is for you.

WHAT YOU WILL NEED:

- A juice bottle with a lid
- Some things to make an ecosystem inside the bottle. For example leaves, dirt, pine cones, flowers
- A breathable fabric like a stocking or some plastic mesh
- Masking tape

METHOD

- Collect your ecosystem from the bush in Watagan Park or along the banks at Dora Creek
- In the side of the bottle, cut a hole big enough to get some good oxygen inside the bottle. (mum or dad might need to help out with this bit)
- Through this hole, place all the bits of nature you have collected that will
 make up your ecosystem, inside the bottle.
- Cut a piece of mesh slightly larger than the hole you just made.
- Once you have everything you want inside the bottle, its time to seal the deal!
- Place your cut mesh on a flat surface. Put masking tape around all 4 edges preparing it to be stuck over the hole.
- Stick your mesh over the hole.
- You now have a perfect bug catcher!

Now you can search for lizards, cicadas, crickets or any other creature you want to inspect. After you have had a good look at your little creature you need to ensure that you return them to the garden you found them in. Remember we love nature and everything in it, even the little guys.

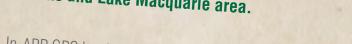








Live Outside the Box at Watagan Park with the Nature's Playground APP. The APP allows you and your family to explore the outdoors by giving you the insider's tour of the Watagan Mountains and Lake Macquarie area.



- In-APP GPS locator
- Discover walking tracks, lookouts, local fishing spots, kayaking locations, picnic spots, camping areas and much more
- In-built camera to capture your outdoor adventures and share instantly with your friends
- Locate local schools, health services, shops, transport and our recommended tradies



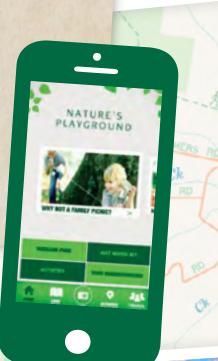


Search Natures Playground on the iTunes Store or Google Play Store or go to our website for more info.

WATAGANPARK.COM.AU

LIVE OUTSIDE THE BOX













Pre-School

Avondale Early Learning Centre

The Avondale Early Learning Centre implements educational play based learning experiences for 3-5 year olds, to encourage curiosity, creativity and to equip them with the right foundation for life long learning. All educators are fully qualified, providing stimulus for new experiences, challenges, new interactions and the opportunity for children to develop new skills and abilities. The strong school readiness and pre-kindy program is designed to enrich learning and ensure children are well equipped to handle the challenges of life as they move to Kindergarten.

Avondale Early Learning Centre is set on the tranquil bushland campus of Avondale School, with extensive outdoor play areas and two large playrooms custom built to create freedom of movement and a unique learning environment. Operating 48 weeks per year, the Avondale Early Learning Centre is open from 7.30 am to 5.30 pm Monday to Friday and government funded, allowing families to apply for childcare benefits.





- **T** (02) 4977 3733
- E earlylearn@avondaleschool.nsw.edu.au
- W avondaleschool.com.au
- A 119 Avondale Road, Cooranbong, NSW 2265







Pre-School

Cooranbong Valley Community Pre-School

Cooranbong Valley Community Preschool is the only community based not for profit preschool in the local area and welcomes input from families into running the Centre. Open from 8.30am to 3.00pm Monday — Thursday, the preschool is offered for children aged two to six years and is committed to providing the highest quality educational experiences for each child in preparation for their eventual entry to school. Cooranbong Valley Community Preschool aims to provide a pathway that supports each child's individual development.





T (02) 4977 1055

E cvcpreschool@yahoo.com.au

W cvcpreschool.org.au

A 614 Freemans Drive, Cooranbong, NSW 2265

Pre-School

Little Miracles

The newly built Little Miracles caters for children zero to six years old. It is a purpose built facility with large backyard and smaller room sizes to encourage greater interaction with teachers. Children eagerly explore the new equipment including a custom designed cubby house and an amazing "starry nights" lighting system.



T (02) 4973 1903

E morisset@littlemiracles.com.au

W littlemiracles.com.au

A 9 Kams Close, Morisset, NSW







Primary School

Avondale School

The Avondale School Primary Campus aims to develop a sound skill-based academic foundation and to practise the values that distinguish us as a positive, Christian school.

Students are divided into classes with no more than 28 individuals allowing teachers to maximise learning time and cater for the separate needs of students.

A strong emphasis is put on well-rounded learning with a diverse range of creative, applied and physical challenges that fill up the curriculum. Music, language, computer and library classes all contribute to developing skills necessary for students to enter Secondary School with confidence.





- T (02) 4977 0200
- E admin@avondaleschool.nsw.edu.au
- W avondaleschool.com.au
- A 119 Avondale Road, Cooranbong, NSW 2265

Primary School

Cooranbong Public School

Established in 1861 as the first school in Lake Macquarie, Cooranbong Public School is located in Government Road, Cooranbong. Students enjoy pleasant surroundings that are resourced for learning, sport and play.

Students are encouraged to be responsible decision makers promoting self-confidence and foster recognition of a wide range of talents and abilities and to develop a lifelong love of learning.

Students are able to participate in many programs within the school including Count Me In, Sports in Schools, Reading Recovery, Better Buddies, Active After School Care, Premier's Sporting and Reading Challenges and Premier's Spelling Bee. Cooranbong Public School has up to date technology with a Smartboard in every classroom. The school focuses highly on Transition into Kinder/High School and Aboriginal Education and the students attend camps and many out-of-school excursions every year.

Dedicated and enthusiastic teachers are passionate about high quality teaching and learning and work tirelessly to give every child the best opportunity to enjoy their learning and be successful at it.





- **T** (02) 4977 1122
- **E** cooranbong-p.school@det.nsw.edu.au
- W cooranbong-p.schools.nsw.edu.au
- A 2 Government Rd, Cooranbong, NSW 2265







Primary School

St John Vianney Primary School

Saint John Vianney is a Catholic community where everyone shows respect, forgives others, values honesty and grows through learning as they strive everyday to do our best. They achieve their mission by encouraging all to show respect for each other, forgive one another, be honest in all their communication and always encourage and challenge the children to do their best in all areas of learning.



- T (02) 4973 4073
- **E** admin@morisset.catholic.edu.au
- W morisset.catholic.edu.au
- A 60-66 Yambo Street, Morisset NSW 2264





Primary School

Heritage College

Heritage College Lake Macquarie, located in Morisset, is nestled in idyllic country surroundings with a brand new, purpose-built school, ideally situated between Newcastle and the Central Coast.

Heritage College Lake Macquarie is a K-12 school committed to preparing every child to meet the challenges of a changing world with courage and confidence through a program of holistic education focused on developing the spiritual, mental and social dimensions that characterises a balanced and purpose-driven life.



- **T** (02) 4977 3456
- E office@heritage.edu.au
- W lakemac.heritage.edu.au
- A 85 Ironbark Rd, Morisset, NSW 2264







Secondary School

Avondale School

At a time of major individual physical and intellectual development the Year 7 to 10 program of the Secondary Campus places a strong emphasis on Christian values as well as recognising the diverse pursuits of academic excellence, creative expression and physical achievement.

The facilities found on the Secondary Campus provide opportunity for students to pursue their interests in a well structured and positive environment. With parental involvement, the teachers and staff at Avondale School watch and guide student's development while responding to each of their respective needs, aspirations and abilities.

Senior students have the opportunity to fulfill their potential and gain technical expertise through an extensive selection of elective subjects, in addition to certificate courses through the onsite Avondale School Trade Training Centre. Avondale School works towards preparing individuals for the workplace and their separate careers while continuing to focus on dynamic learning and Christian values.



T (02) 4977 0200

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W avondaleschool.com.au

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Secondary School

Morisset High School

Morisset High School is a proud comprehensive public school that caters for year 7-12 students including students in their special education unit. Staff and students promote integrity and fairness to achieve the schools priorities.

The school's statement of purpose is: successful learning - responsible living. The school's mission is to create a learning environment which enjoys total student, staff and school community support. A place of learning, where all students and staff want to be, where parents and caregivers want to send their children, where the school community recognises and supports the school's efforts and achievements.

- T (02) 4973 1999
- E morisset-h.school@det.nsw.edu.au
- W morisset-h.schools.nsw.edu.au
- A Bridge St, Morisset, NSW 2264

College / University

Avondale College of Higher Education

Avondale is a private institution of higher education offering a broad range of undergraduate, postgraduate, and vocational courses. Its educational program seeks to develop the whole person. The two campuses, at Cooranbong and Sydney, provide safe and pleasant environments where students may enjoy Christian friendship while receiving a quality education.

Avondale offers undergraduate degrees in Arts, Business, Science, Education, Nursing, and Theology. Postgraduate courses are available in Education, Leadership and Management, Nursing, Theology, and PhD. Vocational studies are available in Outdoor Recreation.



- T (02) 4980 2222
- E reception@avondale.edu.au
- W avondale.edu.au
- A 582 Freemans Drive, Cooranbong, NSW 2265











OUR SALES CENTRE: WATTLEBIRD AVE, WATAGAN PARK, COORANBONG